

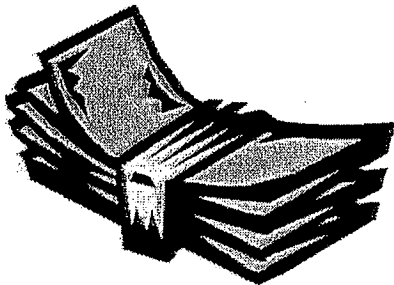
arc
**THE WILLIAM M. BEDELL
ACHIEVEMENT AND RESOURCE CENTER
NEWSLETTER**

400 S. Main
Wood River IL 62095
website: bedellarc.org

June 2016
618-251-2175
fax 618-251-6294

Mission Statement

To provide the highest quality of services and programs to children and adults who have a developmental disability, who reside in Madison County, Illinois.



It's time for the annual membership renewal.....
Our annual membership drive gives you an opportunity to become a part of the ARC. Your donation helps support our programs.

2016-2017 ARC Membership

\$15.00

Name: _____

Address: _____

City, State, Zip _____

Phone: _____

Thank you for your support of the ARC.

**Checks should be made payable to:
William M. BeDell ARC**

**Mail to:
The William M. BeDell ARC
ATTN: Kathy Sanders
P O Box 349
Wood River, IL 62095**

BE STRONG

By: Adam (A.J.) Dusky

Adam is a client in ARC's Developmental Training Program.

Whenever you feel weak
Knowing you'll find the answers you seek
Stand Firm
Whenever you're in pain
Always know you have the power to gain
Never lose hope
Take the chance
In each and every circumstance
Have faith
Happiness will come again
Remember you always have a friend
Find peace
In a higher place
With loving faces
Remember me
When you're having a bad day
I'll give you strength to say
It's ok
It'll be alright
And no matter what
You always have a right
To be strong

Music Therapy for ARC's Students



Research shows that when a young child's brain is stimulated by active musical participation (singing, playing an instrument, moving to music), the neurological pathways for rational thinking and problem solving become more strongly developed.

Our intent is to use a music therapy program to foster rational thinking skills, encourage emerging or slowly developing motor skills, facilitate self-calming techniques, develop and encourage appropriate social skills, and promote language development.

Our school has contracted with a certified music therapist to visit each classroom once a week and provide a different avenue to work on our student's goals. Elizabeth O'Dell visits each classroom once a week and the rooms come alive with music. Elizabeth brings instruments for everyone in the classroom, she plays the guitar, and the students play tambourines or shake small colorful morocco balls to the songs that are sung during the music session. Funds from a recent grant that was awarded to ARC's school from Sam's Club is helping to fund the music therapist. Other fund raisers are also planned to keep the music flowing in our school. We appreciate the generosity of the Sam's Club and all of our donors who assist ARC in providing unique programs to help our participants.

SPECIAL OLYMPICS



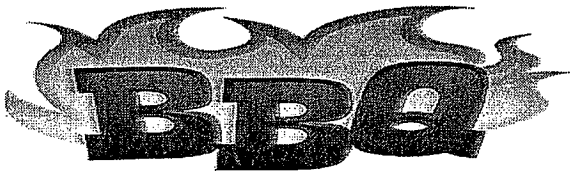
Unfortunately Mother Nature didn't cooperate for the regional Special Olympics at SIUE this year, and sadly the event was cancelled. Several talented individuals served by ARC were randomly chosen from the registered participants to attend the state games in Bloomington/Normal on June 10th and 11th.

Congratulations to Ray W. and Scott B. for 3rd and 6th place in the softball throw, and to Tony L. and Keith S. for 2nd and 5th place in the standing long jump. Way to go, guys!

Summer is always a fun, but busy time for the CILA residents and clients of the Family Support Unit.

Thanks to the Madison County Mental Health Board for the funds to send 8 residents from ARC's CILAs to be able to attend Camp New Hope near Mattoon during two separate weeks of camp. They are still telling stories of the good times they had and the new friends they met!

The Muniy graciously donated tickets to six shows this year, and plans are shaping up for attending a Cardinals game and the Madison County Fair. All of these activities are annual favorites!



Kiwanis of Wood River Township has been supporters of the ARC for quite some time. Their delicious barbecue will be served on the following dates across the street from the Dealers Electrical Supply on Route 111 in Wood River:

September 15, 16, 17
 October 20, 21, 22
 February 4, 2017

When you help the Kiwanis group, you help the ARC!

36th Annual ARC Benefit Dance

Mark your calendars now for the Annual ARC Benefit Dance on Saturday, November 5th at Julia's Banquet Center from 7:00 PM to 11:00 PM.



★ PERFECT ATTENDANCE ★

Each month qualified employees' names are placed in a drawing to win the Perfect Attendance Award. The winners are awarded a certificate and some extra cash. The Perfect Attendance winners for this year were:

- ✓ Cindie Kelley (CILA) – January
- ✓ Tina Barrett (CILA) – February
- ✓ Melissa Sherfy (DT) March
- ✓ Tracie Ingram (DT) – April
- ✓ Kathy Germscheid (School) – May
- ✓ Carolyn Simon (DT) – June

EMPLOYEE ANNIVERSARIES

January 2016

Josephine Coleman	15 Years
Linda Crabtree	15 Years
Elizabeth Johnson	15 Years
Leigh Ann Murphy	15 Years
Marcie Boyce	10 Years

March 2016

Cheryl Dublo	20 Years
Monica Birdsong	10 Years
Carla Crawford	10 Years
Anne Glassmeyer	10 Years
Michelle Mathews	10 Years

April 2016

Bill Lawson	30 Years
Cynthia Kelley	10 Years

June 2016

Cynthia Lefferson	40 Years
Karen Mitch-Johnson	15 Years

Kudos to our devoted employees! Your dedication contributes to the success of ARC.

HAPPY 90 YEARS YOUNG



One of our dedicated employees had a very special birthday this year. Jo Coleman turned 90 on March 4th. Jo works part-time at our Developmental Training Center as a Registered Nurse. A celebration was held in March at DT with decorations, a luncheon and a cake that read, "Happy 90 Years Young." Jo is pictured with Bill Lawson, DT's Program Director and Gary Osborne, ARC's Executive Director.

JOB OPENINGS AT ARC

Developmental Trainer 1

Provide direct care and training in a workshop setting.

Hours: 8:30 AM – 4:00 PM

Residential Relief Floater

Provide quality care to residents in our group homes.

Hours: Vary but do require overnight stays.

Qualifications for both positions:

- ✓ Direct Support Person (DSP)
Certification as listed on the Illinois Department of Human Services
- ✓ High School Diploma/GED

Applications are accepted Monday – Friday at either location:

ARC'S Administrative Office
400 S Main Street
Wood River, IL 62095

ARC's Developmental Training Center
3521 Culp Lane
Alton, IL 62002

Resumes can be emailed to
mmathews@bedellarc.org